

**Amendments to the Claims:**

1. (currently amended) A shower head comprising
  - a dispensing plate provided with at least one hole for dispensing water,
  - a closing plate, in fluid connection with a water outlet,
  - wherein said plates are parallel and planar and directly face each other relative to an axial direction ~~and the shower head comprises~~,
  - a seal directly arranged and pinched axially in compression between said dispensing and closing plates, so as to sealingly delimit with the plates a collecting chamber in order to dispense the fluid through the holes of the dispensing plate,
  - a separate closing ring arranged between said dispensing and ~~distribution~~ closing plates, the closing ring being arranged coaxially with said seal, and having an axial thickness smaller than the axial thickness of the seal when at rest,
  - wherein said closing ring is shaped complementary relative to the seal so that in a deformed configuration, following the axial compression exerted by the plates, the seal expands radially into contact with an internal wall of the closing ring, which faces towards the collecting chamber, and
  - the closing ring is substantially stiff in the axial direction so as to form an end of stroke as the plates approach one another during the assembly step of the shower head and so as to ensure a minimum thickness of the collecting chamber for the water flow towards the dispensing holes.

2 - 5. (canceled)

6. (original) A shower head according to claim 1, comprising nozzles suitable for being partly inserted in the holes of the dispensing plate.
7. (previously presented) A shower head according to claim 6, wherein said nozzles comprise a dispensing portion projecting from the dispensing plate and a stopping

portion suitable for forming a stop during introduction of the nozzles into the relevant holes.

8. (currently amended) A shower head according to claim 7, wherein an axial thickness of said stopping portion is ~~smaller~~ less than the thickness of said closing ring.

9. (original) A shower head according to claim 1, wherein said seal is made integral with a membrane provided with said nozzles.

10. (currently amended) A shower head according to claim 9, wherein the axial thickness of the membrane is smaller than the axial thickness of the seal integral with membrane, so that ~~in the operation for closing plates,~~ seal is subject to compression by the same closing plates.

11 - 12. (canceled)

13. (original) A shower head according to claim 1, wherein said seal is made of a silicone rubber.

14. (currently amended) A shower head according to claim 1, wherein said dispensing and ~~distribution~~ closing plates are axially held together in compression by screw connecting means.

15. (currently amended) A shower head according to claim 14, wherein said screw connecting means comprise ~~a screw~~ screws passing through connecting holes obtained on the plates, ~~and provided with~~ each screw having a head abutting one of said plates, said screw being locked on an end opposite the head, on the side of the other plate by a nut.

16. (original) A shower head according to claim 14, wherein said screw connecting means are arranged on a peripheral portion of said plates radially external to the collecting chamber.

17. (original) A shower head according to claim 14, wherein said screw connecting means pass through fixing holes of said closing ring so as to lock said closing ring into position relative to the plates.

18 - 19. (canceled)